

**RESOLUTION NO.**

**A RESOLUTION AUTHORIZING THE RATIFIED SUBMISSION  
OF A GRANT APPLICATION TO THE NATIONAL FITNESS  
CAMPAIGN SOLICITATION IN THE AMOUNT OF \$30,000.00,  
ON BEHALF OF THE GOVERNING BODY OF LARAMIE  
COUNTY, WYOMING.**

**FOR THE PURPOSE OF:** REQUESTED FUNDS WILL BE USED BY THE  
COUNTY IN PARTNERSHIP WITH THE LARAMIE COUNTY RECREATION  
BOARD TO BRING A NATIONAL FITNESS COURT TO CLEAR CREEK PARK.

**WITNESSETH**

**WHEREAS**, the Governing Body of Laramie County desires to participate in the  
National Fitness Campaign program by sponsoring this grant to assist in financing this  
project; and

**WHEREAS**, the Governing Body of Laramie County and the Laramie County  
Recreation Board has been provided with preliminary cost estimates and information on  
the project; and

**NOW, THEREFORE, BE IT RESOLVED BY THE GOVERNING BODY  
OF LARAMIE COUNTY** that a grant application be submitted to the National Fitness  
Campaign in the amount of \$30,000 for consideration of funding a fitness court at Clear  
Creek Park.

**BE IT FURTHER RESOLVED**, that Sandra Newland, or her successor in the  
position of Laramie County Grants Manager, is appointed as agent of the Laramie County  
Board of Commissioners to execute and submit applications and certifications for these  
funds and to receive funds and implement the programs funded under this grant.

**PASSED, APPROVED AND ADOPTED THIS 6<sup>th</sup> DAY OF SEPTEMBER 2022.**

By: \_\_\_\_\_  
Troy Thompson, Chairman

\_\_\_\_\_  
Date

ATTEST:

\_\_\_\_\_  
Debra Lee, Laramie County Clerk

\_\_\_\_\_  
Date

Received and Approved as to Form only By:

  
\_\_\_\_\_  
Laramie County Attorney's Office

\_\_\_\_\_  
Date

## Sandra Newland

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**From:** NFC <noreply+81f4184a284da6c7@formstack.com>  
**Sent:** Wednesday, August 17, 2022 2:18 PM  
**To:** Sandra Newland  
**Attachments:** We sent you safe versions of your files; 2022CityApplication\_Submission\_998668263.pdf

**Attention:** This email message is from an **external(non-County)** email address. Please exercise caution and/or verify authenticity before opening the email/attachments/links from an email you aren't expecting.

Mimecast Attachment Protection has deemed this file to be safe, but always exercise caution when opening files.

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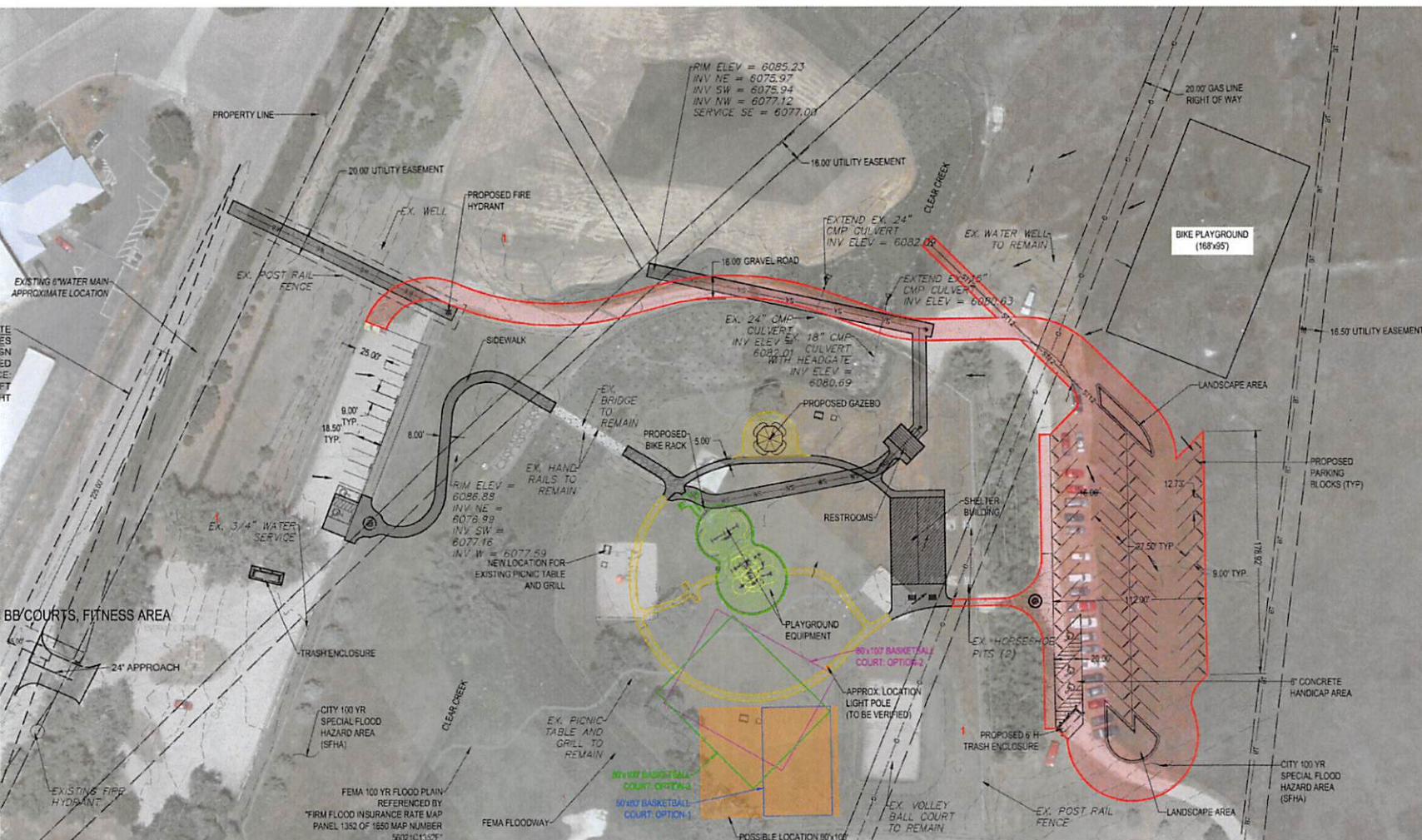
Sandra,

Thank you, we have received your Grant Application submission. Our team will review internally and pass along to the NFC Grants Committee for their review. Please allow 2 weeks for the review process. We will contact you once we receive notification from the Committee.

Thanks,

The NFC Team





#### NOTES

1. ALL CONSTRUCTION SHALL BE IN ACCORDANCE WITH THE CURRENT CITY OF CHEYENNE/BOPU STANDARD SPECIFICATIONS AND DETAILS.
2. BUILDING AND SITE STRUCTURES SHOWN FOR REFERENCE ONLY. CONSTRUCTION STAKING SHALL BE PERFORMED BASED ON STAMPED FOUNDATION DRAWINGS (BY OTHERS).
3. GRAVEL SURFACING SHALL BE 8 INCHES IN DEPTH AND GRADING W.
4. SUBGRADE UNDER DRIVE SURFACES SHALL BE COMPACTED TO 95% ASTM D698 AND PROOF ROLLED.
5. CONTRACTOR SHALL VERIFY ALL EXISTING UTILITIES AND CHECK FOR CONFLICTS AGAINST PROPOSED UTILITIES.

#### NOTES

CURRENT ZONING - PUBLIC

#### COMPUTATION TABLE

TOTAL SITE AREA - (7.36 ACRES)

TOTAL BUILDING AREA - 4,815 SQ. FT.

1. SHELTER - 2,580 SQ. FT.

2. GAZEBO - 453 SQ. FT.

3. RESTROOM BUILDING - 336 SQ. FT.

TOTAL PROPOSED IMPERVIOUS AREA - 80,385 SQ. FT.

#### PROPOSED PARKING

PROVIDED PARKING - 132 TOTAL SPACES

PROVIDED PARKING - 3 HANDICAPPED SPACES

HEIGHT - LESS THAN 20 FT

HEIGHT - LESS THAN 20 FT

HEIGHT - LESS THAN 20 FT

HEIGHT - LESS THAN 20 FT

HEIGHT - LESS THAN 20 FT

HEIGHT - LESS THAN 20 FT


HEIGHT - LESS THAN 20 FT

#### LEGEND

- MAJOR CONTOUR
- MINOR CONTOUR
- FENCE LINE
- EDGE OF DIRT ROAD
- OVERHEAD ELECTRIC
- WATER LINE
- STORM LINE
- QUANDRIA
- SANITARY LINE
- IRRIGATION LINE
- EX. FIRE HYDRANT
- EX. WATER MANHOLE
- EX. WATER VALVE
- EX. WATER SERVICE VALVE
- WATER WELL
- IRRIGATION VALVE
- IRRIGATION SPRINKLER HEAD
- SANITARY SEWER MANHOLE
- ELECTRIC BOX
- POWER POLE
- LIGHT POLE
- GAS MARKER SIGN
- MISCELLANEOUS SIGN
- STONE SIGN
- POST
- GRILL
- PICNIC TABLE
- TRASH CAN
- EXISTING DRAINAGE FLOW PATH
- PROPOSED DRAINAGE FLOW PATH
- PROPOSED SITE BOUNDARY
- TREE
- TREE LINE
- GRAVEL ROAD
- WETLAND / CLEAR CREEK
- PROPOSED SIDEWALK/CONCRETE AREAS

## SITE PLAN FOR CLEAR CREEK PARK PHASE V

TRACT 2 OF CLEAR CREEK PARK  
BEING SITUATED IN THE SW 1/4 SECTION 1, T13N, R67W  
OF THE SIXTH PRINCIPAL MERIDIAN, CHEYENNE,  
WYOMING  
PREPARED MAY 2015

DATE	
REVISION	
NO.	
PREPARED FOR	
LARAMIE COUNTY PLANNING RECREATION BOARD 3966 ARCHER PARKWAY CHEYENNE, WY 82009	
PROJECT	CLEAR CREEK PARK
DRAWING TITLE	SITE PLAN
	
387 E 25th ST 1155 OLD TOWN LANE, SUITE 101 CHEYENNE, WY 82001 307.455.8877 307.455.8877 307.455.8877	
DATE	AUGUST 2022
DRAWN BY	AB
CHECKED BY	TC/AB
CHECKED BY	TC/BE
JOB NO.	4660
DRAWING NO.	1 OF 1

Form Name: 2022 City Application  
Submission Time: August 17, 2022 4:18 pm  
Browser: Firefox 103.0 / Windows  
IP Address: 199.88.131.33  
Unique ID: 998668263  
Location:

## NFC 2022 HEALTHY CITY GRANT APPLICATION

Please enter the unique ID provided to you by your Partnership Development Manager E9DLJC1HGNQ8

### I. GENERAL INFORMATION

Legal Name of Organization	Laramie County, Wyoming
Application Type	City or County Government
Website URL:	<a href="http://laramiecountywy.gov">laramiecountywy.gov</a>
Applicant Name	Sandra Newland
Address	310 W. 19th Street, Suite 320 Cheyenne, WY 82001
Office Phone	(307) 633-4201
Email	<a href="mailto:sandra.newland@laramiecountywy.gov">sandra.newland@laramiecountywy.gov</a>

### II. Community Eligibility Details:

Why should National Fitness Campaign consider pre-qualifying your city, municipality or organization for funding in the 2022 Healthy City Program?

We would like the campaign to consider funding Laramie County's only dedicated park outside of the City of Cheyenne Limits. Clear Creek Park is located in a section of West Cheyenne and has limited recreational opportunities. The county commissioners and the Laramie County Recreation Board have dedicated considerable funding to this park to date. We have installed new walkways, restroom facilities, picnic shelter, playground and a bicycle playground within the park. Clear Creek Park offers an extensive outdoor recreational environment to be accessed by all citizens living and working within the City of Cheyenne and Laramie County. The 2021 population estimate puts the City of Cheyenne and Laramie County at 100,863 individuals. There is currently no fitness centers or outdoor recreational equipment in this part of the community. Citizens of Laramie County would benefit from the opportunity of the National Fitness Campaign to provide a free and easily accessible fitness court.

**Describe your existing recreation and wellness infrastructure for community members and visitors, especially any current or planned pedestrian-oriented design (i.e. trail systems, Rails-to-Trails projects, planned bicycle pathways, etc.)**

Laramie County and the City of Cheyenne as a whole have several private gyms that require memberships or payment for the use of equipment. The City of Cheyenne has installed several outdoor fitness stations located both in their parks and on the city portions of the greenway. However, Laramie County does not have any of these amenities to offer to citizens. Our community benefits from an extensive greenway system in both the city and county. Clear Creek Park currently has a cement pathway within the park and future expansion is planned with voter approved sixth penny funds. Please see attached site map for an overview of the space and existing amenities as well as future phases of the park.

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**Describe current policies, initiatives and/or programs that contribute to equity across all neighborhoods in your city.**

Clear Creek Park is located solely within Laramie County. Our community has a variety of initiatives and programs that address equity throughout the City of Cheyenne and Laramie County. A lot of these initiatives are nonprofit based for the benefit of the community. We are considered rural, even though we are the largest populated county in the State of Wyoming. Our community has limited access to public transportation and many citizens utilize the provided network of greenway to navigate the city limits and surrounding county boundaries. Future expansion of the greenway system is expected to occur in the West side of Cheyenne and would provide a connection to Clear Creek Park.

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**Provide an overview of existing funding measures in place that support parks and recreation and outdoor infrastructure in your city.**

Laramie County has two existing departments that are responsible for parks and recreation. These are our events department and public works. They work together to ensure all maintenance, upkeep, programs and access to existing facilities are provided to the community. These activities are budgeted and funded through Laramie County government. The County also has Laramie County Recreation Board that oversees the operation and continuation of Clear Creek Park. This board is funded through Laramie County. Our community also supports several tax initiatives that provide funding for outdoor recreation.

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**Please describe your future park, trail, and pedestrian infrastructure plans.**

Laramie County voters approved a sixth penny project to bring further infrastructure and development to Clear Creek Park. This will include additional paved pathways, a basketball court, and ADA accessible parking. We are in the process of purchasing additional picnic tables for around the park as well. Both the county and city are planning additional greenway infrastructure throughout the community that will aid in safe pedestrian travel.

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**Support: Who else among your community leadership has adopted or supported the project?**

Parks & Recreation Commission / Board  
Other: Recreation Board

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**Please list any community groups and organizations that will be involved with activating and promoting this initiative.**

It is our plan to have this be a Laramie County event that is supported by multiple agencies such as the Recreation Board, City of Cheyenne and community as a whole. As we move forward within the planning stages, this list could expand as more information is provided to the public.

**Are there any future park or trail masterplans for which you may be interested in utilizing NFC's Healthy Infrastructure Consultation and Services?**

Unsure

### **III. MULTI-SITE INFORMATION**

**Site #1 Name:** Clear Creek Park

**Site #1 Google Maps or other web URL of location** \*\*\*\*\*.google.com/maps/place/Clear+Creek+Park,+251+Southwest+Dr,+Cheyenne,+WY+82007/@41.1181146,-104.8433434,17z/data=!3m1!4b1!4m5!3m4!1s0x876f3aa96068c831:0x3a4116e7cc9bd2c0!8m2!3d41.1181394!4d-104.8412665

**Site #1 Location Type** Public Outdoor Park

**Can you confirm that this site location supports a site for the Fitness Court that is a minimum safe distance of 150' from the nearest playground or children's play area to comply with national grant and safety standards?**

Yes

**Is this site both highly visible and easily accessible?**

Yes

**Has the site been approved by appropriate stakeholders or community leaders?**

Yes

**Please describe what makes this site an excellent option for a Fitness Court in your community.**

Clear Creek Park is an expansive greenspace with newly updated amenities that would be a good home to the Fitness Court.

**Do you plan to qualify additional sites for future funding consideration at this time?**

No

### **IV. Timing & Funding Information**

**Can you confirm that your first Fitness Court will be open and available for public use in 2022?**

No

In what time period does your budget cycle begin, and when will funding be available? Based on this timeline, we will align the available funding with the program timeline milestones.

Q3 : Jul - Sept 2022

If selected as a Partner and awarded the \$30,000 Healthy Cities Grant, 2 options are available for submitting the remaining \$112,350 in program funding. Which of the below options will you be pursuing?

Option 1 - Full support for remaining funding in local budget.

Is your agency/ municipality tax exempt?

Yes

Please enter your tax exempt number: 83-600111

## V. Site Design, Installation and Maintenance

All Fitness Courts come in our standard NFC cyan blue with custom white graphics on the back and front wall. For additional funding, Fitness Courts can be custom powder coated, have expanded graphics and/or have a custom mural wall. Are you interested in any further customization to your Fitness Court that goes beyond our standard tier?

No - We will want a standard NFC cyan blue Fitness Court with the included custom white graphics

Maintaining the Fitness Court is the responsibility of the local site partner. Acceptance of a Grant Award requires compliance with standard NFC maintenance protocols. These include proper cleaning and repair of any damages to the Fitness Court for a period of 20 years. Do you acknowledge these requirements and commit to fulfilling them if selected?

Yes

The Fitness Court installation requires a 38'x38' concrete slab foundation. Engineered plans are provided by NFC. How do you plan to accommodate this installation component?

Bid out to local contractor



**The NFC program can include certified assembly by EIS, NFC's approved nationwide installation team. EIS funding is transacted separately, in the amount of \$25,000, and processed upon completion of assembly. Please confirm below that you will be proceeding with EIS.**

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**Please confirm that you understand NFC may request site photographs at the discretion of the National Grant Committee and sponsors to confirm local site status, which must be provided within 72 hours.**

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## **VI. Partnership & Sponsors**

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**Are you willing to host an opening day celebration at your Fitness Court inviting civic leaders, community supporters and the local media?**

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**In consideration of the initiative being funded through the NFC sponsorship program, and in some cases, local or regional sponsors, will you allow the identification of major sponsors on the Fitness Court sign wall?**

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**Please confirm that you understand that NFC sponsors and partners reserve the right to provide new graphics and messaging on the rear of the Fitness Court for approved Fitness Courts at the conclusion of 48 months. Agency or municipality shall be allowed to approve the new design but shall not unreasonably withhold approval.**

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**Promote usage of the Fitness Courts and demonstrate the value of an active lifestyle using the Fitness Court App, NFC website and activation tools provided?**

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**Promote sponsors who have supported the Campaign, and join relevant regional and national events and promotions?**

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**VII. NFC Grant Award Acceptance:**

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**How will your organization accept the \$30,000 Healthy Cities Grant and confirm that your matching funding will be available and committed to this program?**

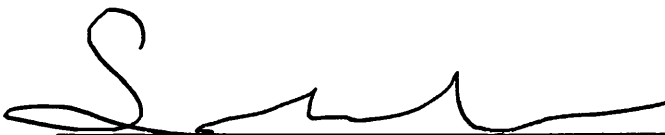
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Council/Board Resolution of Adoption

**VIII. Applicant's E-Signature**

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**Signature**

A handwritten signature in black ink, appearing to be 'S. M.', written over a horizontal line.

**Date/Time**

Aug 17, 2022

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# NATIONAL FITNESS CAMPAIGN

2022 HEALTHY CITY CAMPAIGN BRIEFING



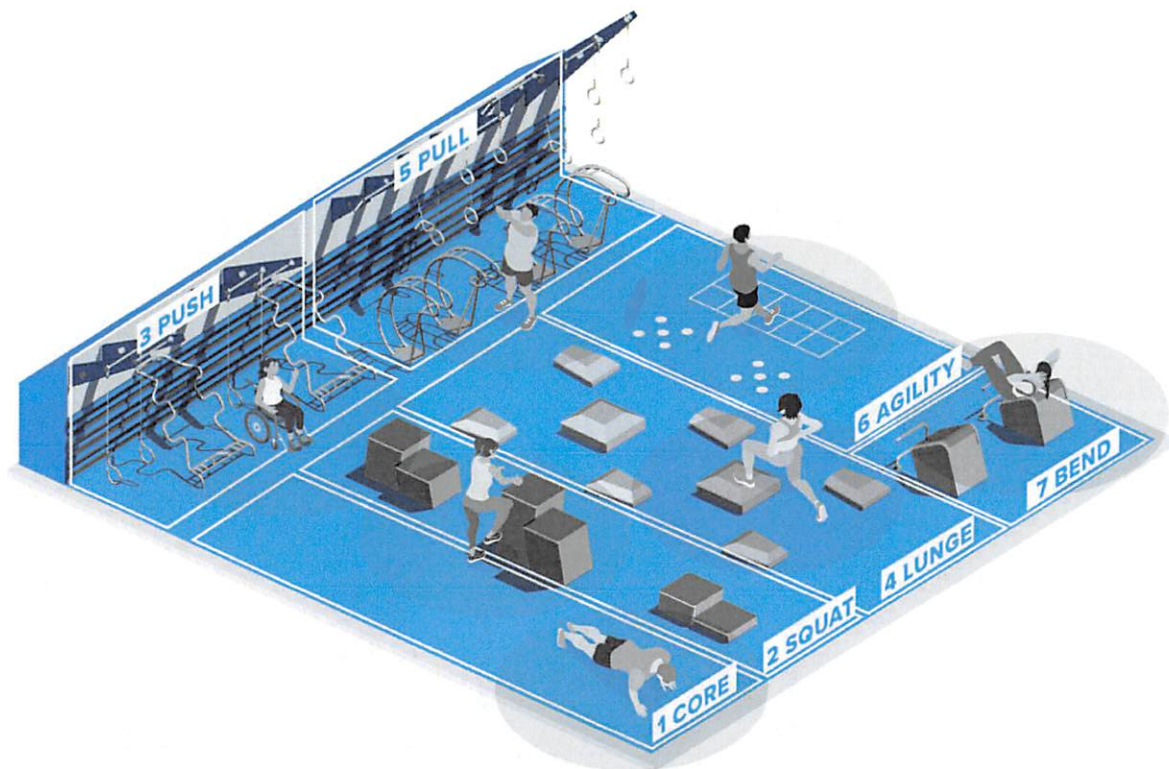
NATIONAL FITNESS CAMPAIGN  
**BROUGHT TO YOU BY**





FITNESS COURT®  
WORLDS BEST OUTDOOR GYM





 **FITNESS COURT®**

FUNCTIONAL TRAINING SYSTEM  
THOUSANDS OF EXERCISES

### 7 MINUTE FULL BODY WORKOUTS





## WHO WE ARE

National Fitness Campaign is a San Francisco based social enterprise and consulting firm.



## WHAT WE DO

NFC develops partnerships with cities, schools and sponsors to build healthy communities.



# CAMPAIGN STORY

**1979**  
**FITNESS COURT®**  
**INVENTED**

**1980-2000**  
**CAMPAIGN**  
**EXPANDS**

**2012**  
**NEW CAMPAIGN &**  
**WORLD CLASS TEAM**

**2018 - PRESENT**  
**WELCOMING OUR**  
**500TH HEALTHY**  
**COMMUNITY**

**2030**  
**NFC REACHES 10,000**  
**COMMUNITIES**

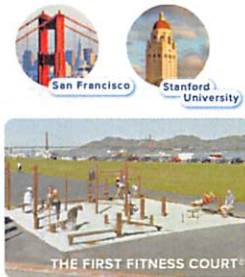
**1979**

**1980**

**2012**

**2018**

**2030**



**3 COUNTRIES**



**10,000**  
**FITNESS COURTS®**

## DESIGN TEAM



**MITCH MENAGED**  
NFC FOUNDER



**GADI AMIT**  
NEW DEAL DESIGN



**SAM LUCENTE**  
HEWLETT PACKARD



**MARK LAUREN**  
SPECIAL FORCES





NATIONAL FITNESS CAMPAIGN

## CAMPAIGN MISSION



### OUR MISSION

**BUILD A FREE OUTDOOR FITNESS COURT®**  
WITHIN A 10 MINUTE BIKE RIDE OF EVERY AMERICAN



*LET'S BRING PEOPLE OUTDOORS AND MAKE WORLD CLASS FITNESS FREE!*

NATIONAL FITNESS CAMPAIGN

## 2022 CAMPAIGN OVERVIEW



A COMPREHENSIVE  
COMMUNITY WELLNESS  
PROGRAM

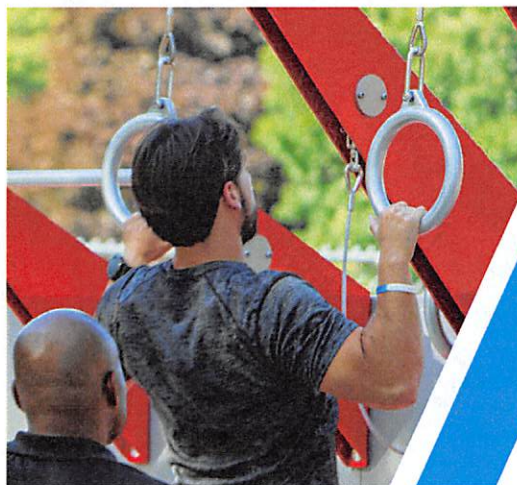






 **FITNESS COURT®**

**ADULTS OF ALL AGES AND ABILITY**



**I am glad to see movements to improve balance.**

*- Carol Claybaker, Senior Resident of Janesville, WI*





FITNESS COURT® APP  
CAMPAIGN SERVICES



NATIONAL FITNESS CAMPAIGN

## CAMPAIGN SERVICES



**PRE LAUNCH  
SUPPORT**



**AMBASSADOR  
TRAINING**



**MEDIA & PRESS**



**LAUNCH!**



**FREE WORKOUTS  
& GROUP CLASSES**



**DATA & IMPACT**

A wellness culture to engage people in healthy communities!



NATIONAL FITNESS CAMPAIGN

## FITNESS COURT® PUBLIC ART

Each Fitness Court® is a one-of-a-kind work of art.



FEATURED ARTIST : 2021 - KEITH HARING



LOCAL ARTIST



CUSTOM COMMUNITY DESIGNS



NATIONAL FITNESS CAMPAIGN

## 2022 CAMPAIGN OVERVIEW



A COMPREHENSIVE  
COMMUNITY WELLNESS  
PROGRAM

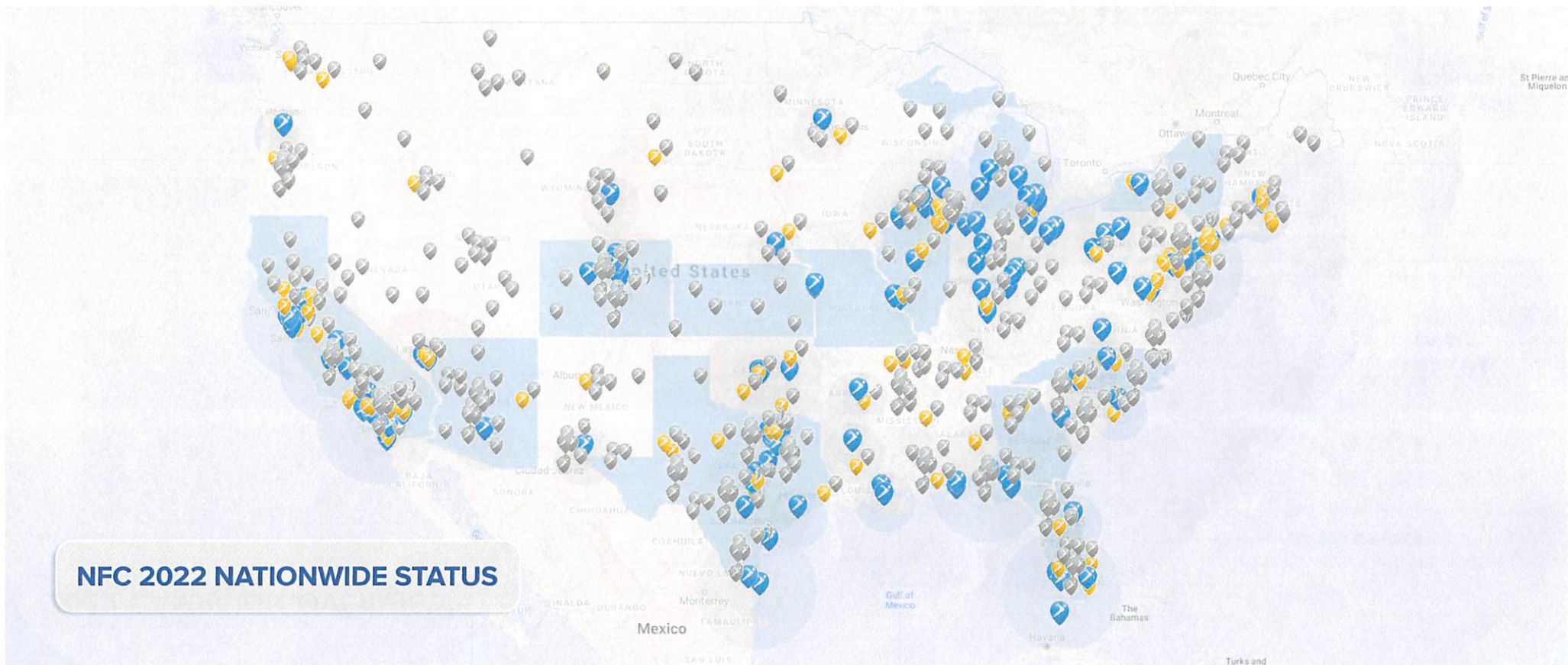




NATIONAL FITNESS CAMPAIGN

## 2030 NATIONWIDE STRATEGIC PLAN

***10,000+ Fitness Courts® coming to America by 2030***







NATIONAL FITNESS CAMPAIGN

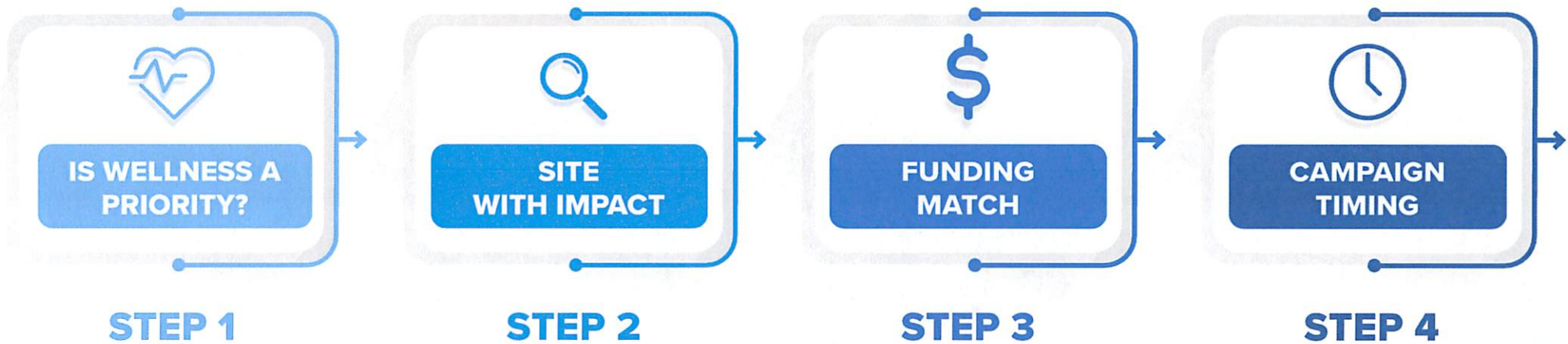
# 2022

## 150 PARTNERS

WE'RE PLEASED TO ANNOUNCE OUR 2022 CAMPAIGN



## NFC GRANT PROGRAM

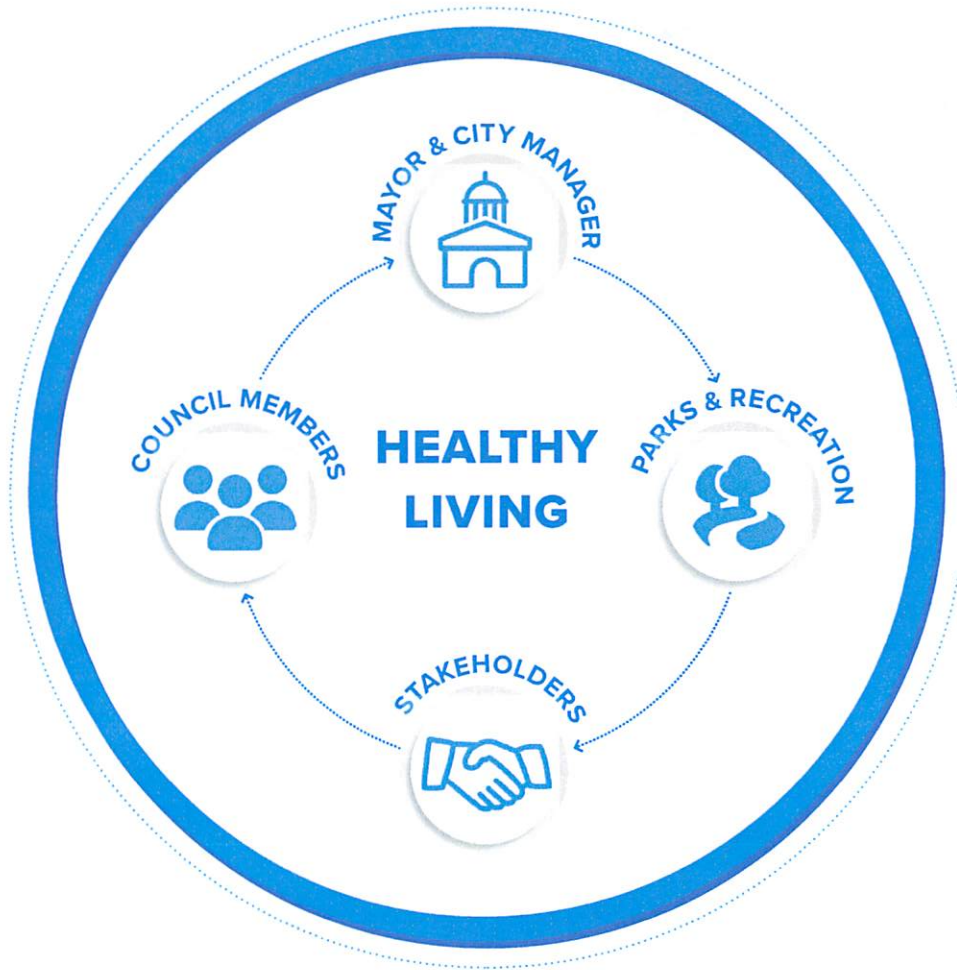




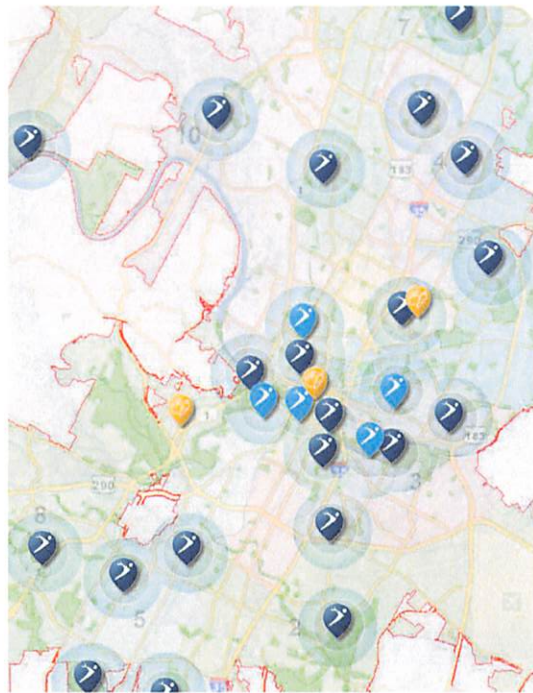
NATIONAL FITNESS CAMPAIGN

## WELLNESS AS A PRIORITY

### STEP 1



## Design & Planning Consulting Feasibility Study



Feasibility Study & Multi-Site Mapping



Circulation Planning



Site Plan Integration



Pedestrian Movement  
Analysis

## STEP 2

1

### Iconic Sites

Site locations must be recognizable with high visibility.



2

### Accessibility

Site locations must improve access across communities.



3

### Pedestrian Connectivity

Site locations must be integrated with pedestrian infrastructure.





## STEP 3

### 2022 CAMPAIGN FUNDING REQUIREMENT

#### NFC PROGRAM FUNDING

The Fitness Court® and National Campaign Services  
Freight, Packing and Insurance for shipment

\$140,000

NFC National Grant Funding Award

(\$30,000)

#### Art & Custom Color Options



Standard  
Included



Premium  
\$8,500



Premium + Color  
\$13,500



Local Artist  
\$25,000

OPTIONAL

NFC PROGRAM TOTAL

\$110,000

#### CONCRETE SLAB

Can be performed in-house or in-kind

\$0-\$20,000 est.

#### EIS INSTALLATION



Turn Key Fitness Court Assembly  
Art & Graphic Installation  
Installation Partner (separate contract)

\$25,000

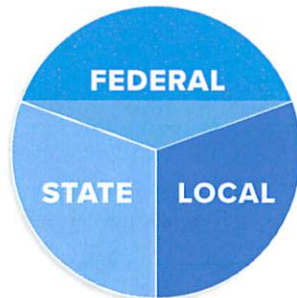
**TOTAL FUNDING REQUIREMENT**

**\$135,000 - \$155,000**



# ALTERNATE FUNDING PATHWAYS

## FEDERAL AND STATE FUNDING



Expert funding consulting  
for eligible partners



## LOCAL AND REGIONAL SPONSORS



## **2022 GRANT APPLICATION PERIOD NOW OPEN**



**Campaign seeking qualified applicants  
able to meet the 2022 timeframe for  
adoption and local funding match.**



## PARTNERSHIP QUALIFICATION PROCESS

### PRE APPLICATION PHASE

- 1 Feasibility Review
- 2 Evaluation Call
- 3 Non-Binding Grant Application

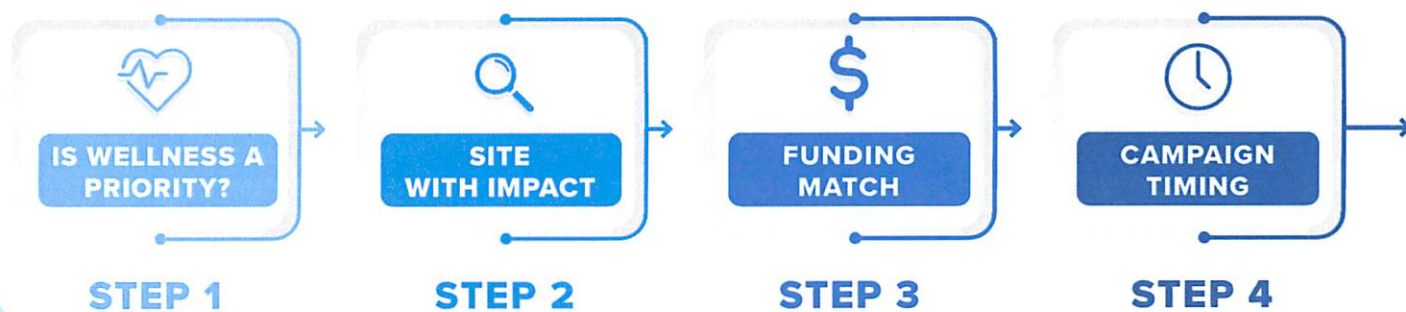
### AWARD PHASE

- 4 Award of Grant Eligibility (First Come, First Served)
- 5 Local Adoption by Governing Body
- 6 Develop and Confirm Funding Match

### LAUNCH PHASE

- 7 Shipment for Storage
- 8 Install Concrete Slab and Art Approval
- 9 Fitness Court Assembly
- 10 Press Launch Ceremony





## Q&A



**SCHEDULE  
EVALUATION  
CALL IF  
APPROPRIATE**

**NEXT STEP**